Fresh produce seasonality calendar

UK availability - good | UK availability - varying | Imported | Not available

freshdirect™ a Sysco company

Alliums	J	F	M	A	M	J	J	A	S	O	N	D
Diced Shallots	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Garlic	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Leeks	UK good	UK good	UK good	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	UK good
Onion Red	UK good	UK good	UK good	UK good	UK good	Imp	Imp	UK varying	UK good	UK good	UK good	UK good
Onion White	UK good	UK good	UK varying	UK varying	UK good	Imp	Imp	UK varying	UK good	UK good	UK good	UK good
Shallots	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Sliced Spring Onion	Imp	Imp	UK varying	UK varying	UK good	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Solo Garlic	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Spring Onion	Imp	Imp	UK varying	UK varying	UK good	UK good	UK good	UK good	UK good	UK varying	Imp	Imp

Baby Vegetables	J	F	M	A	M	J	J	A	S	O	N	D
Carrot	UK good	UK good	UK good	UK good	UK good	Imp	Imp	UK good	UK good	UK good	UK good	UK good
Leek	UK good	UK good	UK good	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	UK good
Courgette	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	Imp	Imp	Imp	Imp
Beetroot	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	Imp	Imp	Imp	Imp
Parsnip	UK good	UK good	UK good	UK good	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK good
Corn	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp

Berries	J	F	M	A	M	J	J	A	S	O	N	D
Blackberries	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	UK varying	Imp
Blueberries	Imp	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK varying	Imp	Imp
Raspberries	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Red Currants	Not available	Not available	Not available	Not available	Not available	Not available	Not available	Not available	Not available	Not available	Imp	Imp
Strawberries	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK varying	Imp	Imp

Brassicas	J	F	M	A	M	J	J	A	S	O	N	D
Broccoli	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Cabbage Red	UK good	UK good	UK good	UK good	UK varying	UK varying	UK varying	UK good	UK good	UK good	UK good	UK good
Cabbage Savoy	UK good	UK good	UK good	UK varying	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good
Cabbage Spring Green	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Cabbage White	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Cauliflower	UK varying	UK varying	UK varying	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK varying
CauliShoots*	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	Imp	Imp	Imp
Cavolo Nero	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Hispi (Pointed/Sweetheart)	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	Imp	Imp
Kale	UK good	UK good	UK good	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	UK good
Pak Choi	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Purple Sprouting Broccoli	UK good	UK good	UK good	UK good	Not available	Not available	Not available	UK good	UK good	UK good	UK good	UK good
Romanesco	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Shredded Kale	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Shredded Red Cabbage	UK good	UK good	UK good	UK good	UK varying	UK varying	UK varying	UK good	UK good	UK good	UK good	UK good
Shredded Savoy Cabbage	UK good	UK good	UK good	UK varying	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good
Shredded White Cabbage	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Sprouts	UK good	Not available	Not available	Not available	Not available	Not available	Not available	Not available	Not available	Not available	UK varying	UK good
Tenderstem* Broccoli	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	Imp	Imp
Tenderstem* Broccoli Tips	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	Imp	Imp

Citrus	J	F	M	A	M	J	J	A	S	O	N	D
Blood Oranges	Imp	Imp	Imp	Not available	Not available	Not available	Not available	Not available	Not available	Not available	Not available	Not available
Easy Peelers	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Grapefruit	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Large Easy Peelers	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Not available	Not available
Large Lemon	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Leafy Clementines	Imp	Imp	Not available	Not available	Not available	Not available	Not available	Not available	Not available	Imp	Imp	Imp
Lemons	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Limes	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Oranges	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp

Chillies	J	F	M	A	M	J	J	A	S	O	N	D
Green & Red	Imp	Imp	Imp	Imp	UK good / UK varying	UK good / UK varying	UK good / UK varying	UK good / UK varying	UK good / UK varying	UK good	Imp	Imp
Scotch Bonnet	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Padron	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Jalapeno	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp

Exotic Fruit	J	F	M	A	M	J	J	A	S	O	N	D
Bananas	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Coconuts	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Crownless Pineapple	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Dates	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Figs	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Kiwi	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Mangoes	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Papayas	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Passion fruit	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Physalis	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Pineapples	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Pitahayas (Dragon fruit)	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Plantains	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Pomegranates	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp

Exotic Vegetables	J	F	M	A	M	J	J	A	S	O	N	D
Asparagus Green	Imp	Imp	Imp	UK good	UK good	UK good	Imp	Imp	Imp	Imp	Imp	Imp
Asparagus Purple	Imp	Imp	Imp	Imp	UK good	UK good	Imp	Imp	Imp	Imp	Imp	Imp
Asparagus White	Imp	Imp	Imp	Imp	UK good	UK good	Imp	Imp	Imp	Imp	Imp	Imp
Fennel	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Fine Asparagus	Imp	Imp	Imp	UK good	UK good	UK good	Imp	Imp	Imp	Imp	Imp	Imp
Fine Beans	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	Imp	Imp	Imp	Imp
Freshlock* Sweetcorn Cobette	Imp	Imp	Imp	Imp	Imp	Imp	Imp	UK good	UK good	Imp	Imp	Imp
Ginger	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Globe Artichoke	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Jerusalem Artichoke	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Lemongrass	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Mangetout	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Mooli	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Okra	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Rhubarb Forced	UK varying	UK good	UK good	UK good	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Rhubarb Outdoor	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	UK varying	Imp	Imp	Imp
Sugar Snap Peas	Imp	Imp	Imp	Imp	Imp	Imp	UK good	UK good	Imp	Imp	Imp	Imp
Sweetcorn	Imp	Imp	Imp	Imp	Imp	Imp	Imp	UK good	UK good	Imp	Imp	Imp

Grapes	J	F	M	A	M	J	J	A	S	O	N	D
Cotton Candy Grapes	Imp	Imp	Imp	Imp	Not available	Not available	Imp	Imp	Imp	Imp	Imp	Imp
Red	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Sable Black Grapes	Imp	Imp	Imp	Imp	Not available	Not available	Imp	Imp	Imp	Imp	Imp	Imp
White	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp

Herbs/ Cresses/Shoots	J	F	M	A	M	J	J	A	S	O	N	D
Basil	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Chives	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Coriander	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Curley Parsley	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Flat Parsley	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Dill	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Mint	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Rosemary	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Thyme	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Potted Herbs	Imp	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Edible Herbs	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Micro Herbs	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Samphire	UK varying	UK varying	UK varying	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK varying	Imp
Strawberry Mint	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Bean Sprouts	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Growing/Living Cress	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Pea Shoots	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good

Lettuce/Leaf	J	F	M	A	M	J	J	A	S	O	N	D
Asian-Inspired Micro Leaf Mix	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Baby Red Chard	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Baby Watercress	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
British Basil (vertically farmed)	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
British Chives (vertically farmed)	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
British Rocket (vertically farmed)	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Celery	Imp	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	Imp
Chicory/Endive	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Chinese Leaf	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Cos	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Curly Endive/Frise	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Iceberg	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Kohlrabi	Imp	Imp	Imp	Imp	Imp	UK varying	UK varying	Imp	Imp	Imp	Imp	Imp
Lamb/Mache	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Little Gem	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Lollo Biondi	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Lollo Rosso	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Micro Rocket Wasabi	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Oak Leaf	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK varying	Imp	Imp
Petite Leaf Mix	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Prepared Banana Leaf	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Radicchio	Imp	Imp	Imp	Imp	Imp	UK varying	UK good	UK good	UK good	UK varying	Imp	Imp
Rocket	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Round/Butterhead	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Sunflower Shoots	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
The Shoot Mix	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Watercress	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	Imp	Imp

Melons	J	F	M	A	M	J	J	A	S	O	N	D
Cantaloupe	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Galia	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Gaya	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Honeydew	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Watermelon	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp

Mushrooms	J	F	M	A	M	J	J	A	S	O	N	D
Button	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying
Catering	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Cup	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying
Exotic Mix	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Flat	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying
Foraged Mushroom Meat	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Foraged Shredded Mushroom Meat	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
King Oyster	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
King Oyster Mushroom Scallops	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Large Portobello	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Maitake	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Mini King Oyster Mushrooms	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Oyster	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying
Paris Brown/ Chestnut	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Portobello	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Shiitake	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying
Shimeji	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Wild Mix	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp

Root Vegetables	J	F	M	A	M	J	J	A	S	O	N	D
Beetroot Candy	UK good	UK good	UK good	UK good	UK varying	Imp	Imp	UK good	UK good	UK good	UK good	UK good
Beetroot Golden	UK good	UK good	UK good	UK good	UK varying	Imp	Imp	UK good	UK good	UK good	UK good	UK good
Beetroot Red	UK good	UK good	UK good	UK good	UK varying	Imp	Imp	UK good	UK good	UK good	UK good	UK good
Carrot Chantenay	UK good	UK good	UK good	UK good	UK good / UK varying	UK good / UK varying	UK good	UK good	UK good	UK good	UK good	UK good
Carrot Chantenay Coloured	UK good	UK good	UK good	Not available	Not available	Not available	Not available	Not available	UK varying	UK good	UK good	UK good
Carrot Heritage	UK good	UK good	UK good	UK good	UK good	Imp	Imp	Imp	UK good	UK good	UK good	UK good
Carrot Standard	UK good	UK good	UK good	UK good	UK good	Imp	Imp	UK good	UK good	UK good	UK good	UK good
Celeriac	UK good	UK good	UK good	UK good	UK good	UK varying	UK varying	UK varying	UK good	UK good	UK good	UK good
Chef's Choice Chipping and Roasting Potato	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Diced Root Vegetable Mix (Leeks, Carrots & Onions)	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Freshlock* Baked Potato	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Horseradish	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Parsnip	UK good	UK good	UK good	UK varying	Imp	Imp	UK varying	UK good	UK good	UK good	UK good	UK good
Potatoes	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Rainbow Chantenay Carrots	UK good	UK good	UK good	Not available	Not available	Not available	Not available	Not available	UK varying	UK good	UK good	UK good
Salsify	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Swede	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good
Turnip	UK good	UK good	UK good / UK varying	UK good / UK varying	UK good / UK varying	UK good / UK varying	UK good	UK good	UK good	UK good	UK good	UK good

Salad	J	F	M	A	M	J	J	A	S	O	N	D
Aubergine	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Baby Aubergine	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Baby Cucumbers	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
British Isle of Wight Padrón Pepper	Not available	Not available	Not available	UK good	UK good	UK good	UK good	UK good	UK good	UK good	Not available	Not available
British Isle of Wight Piccolo Tomato	Not available	Not available	Not available	UK good	UK good	UK good	UK good	UK good	UK good	UK good	Not available	Not available
British Isle of Wight Premium Beef Tomato	Not available	Not available	Not available	UK good	UK good	UK good	UK good	UK good	UK good	UK good	Not available	Not available
British Isle of Wight Striped Aubergine	Not available	Not available	Not available	UK good	UK good	UK good	UK good	UK good	UK good	UK good	Not available	Not available
Coeur de Boeuf Tomato	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Cucumber	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Peppers	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Radish	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Spinach	Imp	Imp	UK good	UK good	UK good	UK good	UK good	UK good	UK good	UK good	Imp	Imp
Sweetbite Peppers	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Tomatoes Beef	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Tomatoes Cherry	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Tomatoes Heirloom	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Tomatoes Piccolo	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Tomatoes Plum	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp	Imp	Imp
Tomatoes Round	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Tomatoes Vine	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp
Tomatoes Yellow Cherry	Imp	Imp	Imp	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	UK varying	Imp	Imp

Squash	J	F	M	A	M	J	J	A	S	O	N	D
Butternut Squash	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Courgettes	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	UK good	Imp	Imp
Pumpkins	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	UK good	Imp	Imp

Stone Fruit	J	F	M	A	M	J	J	A	S	O	N	D
Avocados	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Cherries	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good	Imp	Imp	Imp
Nectarines	Not available	Not available	Not available	Not available	Not available	Imp	Imp	Imp	Imp	Not available	Not available	Not available
Peaches	Not available	Not available	Not available	Not available	Not available	Imp	Imp	Imp	Imp	Not available	Not available	Not available
Plums	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp

Top Fruit	J	F	M	A	M	J	J	A	S	O	N	D
Apple Braeburn	UK good	UK good	UK good	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good
Apple Gala	UK good	UK good	UK good	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good
Apple Golden Delicious	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Apple Granny Smith	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Apple Pink Lady	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Apple Royal Gala	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
British Bi-Colour Apple	UK good	UK good	UK good	Not available	Not available	Not available	Not available	Not available	UK good	UK good	UK good	UK good
Cooking Apples	UK good	UK good	UK good	Imp	Imp	Imp	Imp	Imp	UK good	UK good	UK good	UK good
Pears	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp
Seasonal Red Apple	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp	Imp